

HOW TO PERFORM PET CPR

IF YOUR PET IS CHOKING...

Give your dog a moment to cough out the object.
If your dog cannot expel the foreign body, sweep the mouth with your fingers.

DO NOT BLINDLY REACH INTO THE MOUTH.
Be careful, for the animals could be nervous and may bite.

IF THE OBJECT CANNOT BE SAFELY REMOVED, CHOSE ONE OF THE TWO RESCUE BREATHING METHODS:

HEIMLICH MANEUVER



1. To perform the Heimlich, place top of your fist into the belly of the dog.



2. Place hands into the soft part of the dog's belly, after the last rib, and pull up twice towards your own chest.

CHEST THRUST



1. Apply one hand on either side of the chest, and squeeze. Push with your shoulders and elbows in the direction you want the object to go - out of the mouth.



2. After 2 thrusts, give the dog a moment to cough, or look into its mouth to see if the object is reachable.

IF THE OBJECT HAS BEEN REMOVED AND YOUR PET IS EITHER UNCONSCIOUS OR NOT BREATHING, PLACE IT ON ITS RIGHT SIDE AND BEGIN CPR.

PERFORMING CPR



1. Look, listen and feel for breathing.



2. If dog is not breathing, place it on its right side (legs away from you).



3. Give two breaths into its snout, just enough to make its chest rise, as you keep its mouth closed with hands.



4. Gently take animal's left front leg and bend it at the elbow, rotating it at the shoulder.



5. Where the dog's elbow touches its body is where you place your hands for compressions.



6. Using the heel of your hand, push on the dog's chest - 15 times, compressing both the heart and lungs (approximately 3 compressions every 2 seconds), then give 2 breaths. REPEAT.



7. Check for a pulse every 4 cycles.



8. Once resuscitated, or still unconscious, transport the animal to the nearest vet or animal emergency facility.

GOT A CAT OR A SMALL DOG?



1. Use fingertips to compress the heart instead of hand.



2. Use four fingers of your left hand under the animal's chest, and compress on top with thumb: 5 compressions and 1 breath, and check for pulse every 8-10 cycles.

HAVE A BARREL-CHESTED DOG?



1. Position dog onto its back and compress chest, humanstyle (hand on top of hand, over chest).



2. Roll dog onto its side for breaths; 2 breaths, checking for a pulse every 4 cycles.

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